



CATHOLIC ATHLETIC ASSOCIATION

CATHOLIC ATHLETIC ASSOCIATION (CAA) 2025 VOLLEYBALL RULES' CLARIFICATION PAGE SEPTEMBER 22 - WEEK II

COACHES/ASSISTANT COACHES, ATHLETIC DIRECTORS, and REFEREES

Answers to other Rules questions can be found by reviewing the Volleyball pages on the CAA's website. For additional Rule **CLARIFICATION** assistance, please contact **Travelle, Director of Volleyball Rules & Head Official** at tjiev@yahoo.com; **C-651-246-4498**).

WEEK II TOPICS

1. **MATCH PROTOCOLS & PROCEDURES -- RULE I.**
2. ***SERVING/SERVING LINES -- RULE IV.**
3. **"PREP" LEAGUE -- RULE III.**

1. **RULE I.** **MATCH PROTOCOLS & PROCEDURES:**

CLARIFICATION Very Important Information:

Pre-match team "huddles" [e.g., player instruction/team prayer] must take place BEFORE the CAA Sportsmanship Pledge (Pledge) is read.

Also Note: Team Huddling during play is a **delay of game** violation. Abuse of the practice of **too often/too long huddling during play** may result in a team penalty = loss of rally or serve and/or point awarded to opponent.

After the Pledge is read, all team members--[no coaches]--should proceed directly to their court's end line and stand on it anywhere between the sidelines facing-forward. The referee will whistle/signal for the teams to **wave/verbally greet each other.** The six starting players should immediately take their court positions [per Volleyball Line-Up Sheet if required]. **Non-starters/assistant coaches should go directly to their team bench and [must] be seated [during play].** Match play commences once the players/assistant coaches are seated.

NOTE: Players/Coaches will congratulate each other [at the net] at the end of the match. (Please see **CLARIFICATIONS Page Week I, SEPTEMBER 15, 2025, RULE I.**, for additional information.)



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2. **RULE IV.** ***SERVING/SERVING LINES:**

CLARIFICATION *Overhand Serving Rule Trial (OSRT)

The OSRT period for the 2025 Season has ended. All overhand servers, regardless of grade, now must serve from behind the court's serving line. A foot fault on a serve is not permitted.

3. **RULE III.** **INTRODUCTION TO VOLLEYBALL** **"PREP" LEAGUE**

Basic Rules are as follows:

- 1) Volley-Lite ball is used exclusively.
- 2) Continuous Rotation only.
- 3) Scores are kept for set play, but not reported. No League standings are kept.
- 4) End-of-season '*Jamboree!*'