

**CATHOLIC ATHLETIC ASSOCIATION (CAA)**  
**2024 VOLLEYBALL RULES' *CLARIFICATION* PAGE**  
**SEPTEMBER 16 - WEEK I - Updated September 14**

**COACHES/ASSISTANT COACHES, ATHLETIC DIRECTORS, and REFEREES**

Answers to other Rules questions can be found by reviewing the Volleyball pages on the CAA's website. For additional Rule *CLARIFICATION* assistance, please contact **Travelle, Director of Volleyball Rules & Head Official** at [tjev@Yahoo.com](mailto:tjev@Yahoo.com); C-651-246-4498).

**WEEK I TOPICS**

- 1. MATCH PROTOCOLS & PROCEDURES: REMINDERS -- RULE I. a.**
- 2. UNIFORMS -- RULE II.**
- 3. SERVING -- RULE IV.**

**1. RULE I.            MATCH PROTOCOLS & PROCEDURES:**

***CLARIFICATION*** Each match is scheduled for only 45 minutes. Last-minute instruction/s, dissemination of match strategy/ies, and/or team prayers, *etc.*, **should take place during the pre-match warm up period before the CAA Sportsmanship Pledge is read.** *After* the warm-up period has concluded, the **PLEDGE** is read aloud by one student-athlete from each team. All players should stand on their court's sideline closest to the fans/spectators on bleachers and face forward. Two readers on either side of Referee in middle. **After the PLEDGE is read,** players **proceed directly to their respective endline--stand facing forward anywhere on line in between the courts' two sidelines.** **The referee will whistle and signal for teams to greet each other at the net; match play would usually begin.** However, the CAA allows for a brief period for team prayer. This is when players may briefly return to their bench.

**Post-prayers,** players **starting in set** should proceed to their court positions per Line-Up form or coach instruction. Other teammates, all assistant coaches must be seated in bench areas during play. The Head Coach may stand [in the coaching zone] during play. **One assistant coach may also stand during a dead/down ball and a time-out.**

**2. RULE II.            UNIFORMS:**

***CLARIFICATION*** a. **Jewelry:** players are allowed to wear small, secured stud or post jewelry above the chin. Fiber **"friendship" bracelets/anklets are not allowed to be worn.** Religious medals/fibers and 'Medic A' bracelets are not considered jewelry. Medic A bracelet may be visible; religious medal must be taped onto body and worn under uniform. Religious fiber bracelets must be taped over. Rule infractions may result in a team penalty.

**Players are prohibited from wearing hoop, charm, bar, cross, *etc.*, earrings and any other jewelry below the chin. Small stud/s or post/s jewelry worn discreetly is legal.**

Large/prominent semi-to-precious stones are not considered small/discreet and not permitted to be worn. The violation is: illegal [**uniform/equipment**]; offending player may receive a sanction-  
-verbal warning to a Red Card. A **new chart** with visuals to help explain the new **JEWELRY RULES** is now available to view on the CAA website's Volleyball page.

**Paint/Glitter** on a player's face/uniform/corps is **strictly prohibited AND potentially injury-causing** to all! Even the smallest amount of glitter on a polished wooden floor dramatically increases the surface's slippery quality and potential for slips/falls/injuries. **A player whose face is painted and/or decorated with glitter should never be allowed onto the bench or court.**

### 3. **RULE IV.**            **SERVING:**

- b. **5<sup>th</sup>/6<sup>th</sup> grade players** are allowed to serve from designated lines/areas **when serving underhand.** Designated lines/areas must be predetermined by Referee & teams' coaches before match play commences.
- c. **7<sup>th</sup> grade** players may take one step into the court from serving line **when serving underhand.**
- d. **5<sup>th</sup>/6<sup>th</sup>/7<sup>th</sup> grade players may serve up to a maximum of five (5) consecutive legal serves.** When a player serves the maximum number; the team retains the serve and the next player in the rotation serves.
- e. **Re-Serve is called when server tosses the ball and does not attempt to contact/strike tossed ball. No fault is called if the server catches, lets drop to floor without touching or accidentally kicks or mishandles ball during a first toss attempt.** However, please see e.1 below:
  - e.1 **One re-serve is allowed for each player for each turn-at-service.**