

CATHOLIC ATHLETIC ASSOCIATION (CAA)
2024 VOLLEYBALL RULES' *CLARIFICATION* PAGE
SEPTEMBER 23 - WEEK II

COACHES/ASSISTANT COACHES, ATHLETIC DIRECTORS, and REFEREES

Answers to other Rules questions can be found by reviewing the Volleyball pages on the CAA's website. For additional Rule *CLARIFICATION* assistance, please contact **Travelle, Director of Volleyball Rules & Head Official** at tjev@Yahoo.com; C-651-246-4498).

WEEK II TOPICS

1. **RULE I. MATCH PROTOCOLS & PROCEDURES: REMINDERS**
2. **RULE II. UNIFORMS--JEWELRY**

1. RULE I. MATCH PROTOCOLS & PROCEDURES:

CLARIFICATION Each match is scheduled for only 45 minutes. *After* the warm-up period has concluded, the **PLEDGE** is read aloud by one student-athlete from each team. All players should stand on their court's sideline closest to the fans/spectators on bleachers and face forward. Two readers on either side of Referee in middle. *After the PLEDGE is read,* players **proceed directly to their respective endline--standing on the line facing forward anywhere in between the courts' two sidelines. The referee will whistle and signal for teams to greet each other at the net; *match play would usually begin.**

*The CAA allows for team huddles post-reading of the **PLEDGE**. Team members may return to their benches for brief **instruction, dissemination of information, match strategy/ies and/or team prayer** up to a **maximum of one minute.**

Then, players **starting in set** should proceed to their court positions per Line-Up form or coach instruction. Other teammates, all assistant coaches must be seated in bench areas during play. The Head Coach may stand [in the coaching zone] during play. **One assistant coach may also stand during a dead/down ball and a time-out.**

2. RULE II. UNIFORMS:

CLARIFICATION a. **Jewelry:** players are allowed to wear small, secured stud or post jewelry above the chin. *Fiber* **"friendship" bracelets/anklets** must be taped onto body. *Metal* **"friendship" bracelets/anklets are not allowed to be worn. NO EXCEPTIONS.** Religious medals/fibers and 'Medic A' bracelets are not considered jewelry. Medic A bracelet may be visible; religious medal must be taped onto body and worn under uniform. Religious fiber bracelets must be taped over. Rule infractions may result in a team penalty.

Players are prohibited from wearing hoop, charm, bar, cross, etc., earrings and any other jewelry below the chin. Small stud/s or post/s jewelry worn discreetly is legal.

Large/prominent semi-to-precious stones are not considered small/discreet and not permitted to be worn. The violation is: illegal [**uniform**/equipment]; offending player may receive a sanction-
-verbal warning to a Red Card. A **new chart** with visuals to help explain the new **JEWELRY RULES** is now available to view on the CAA website's Volleyball page.

Paint/Glitter on a player's face/uniform/corps is **strictly prohibited AND potentially injury-causing** to all! Even the smallest amount of glitter on a polished wooden floor dramatically increases the surface's slippery quality and potential for slips/falls/injuries. **A player whose face is painted and/or decorated with glitter should never be allowed onto the bench or court.**