CATHOLIC ATHLETIC ASSOCIATION

2027 CAA Hockey Rules

The CAA Hockey League is a co-ed, no checking and mixed grade league. Games will consist of two fifteen-minute running clock periods and a third period with 12-minute stopped time.

National Federation High School Rules will govern all levels of play with these exceptions:

1. Offsides will be automatic.
2. You can NOT ice the puck shorthanded.

CAA Hockey League points of emphasis:

1. **No Body Checking/No Checking from Behind**
    a. Making intentional physical contact with an opponent with no effort to legally play the puck. Using overt hip, shoulder or forearm contact with the opponent to physically force them off the puck
2. **No Charging**
    a. Charging is the action where a player takes more than two strides or travels an excessive distance to accelerate through a body check for the purpose of punishing the opponent.
3. **No Cross Checking**
    a. Cross-checking is the action of using the shaft of the stick between the two hands to forcefully check an opponent with no portion of the stick on the ice.
4. **No Head Contact**
    a. Head Contact is the action of a player contacting an opponent in the head, face or neck with any part of the player's body, equipment or stick.
5. **No Roughing**
    a. Roughing shall be considered any act where a player uses unnecessary force to push or shove an opponent or makes avoidable physical contact (non-body check) with an opponent after the whistle.

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Hockey Administrative Guidelines

1. Each team must submit a complete roster to the CAA. The CAA must approve all roster changes. Every player must be a student at the school they are representing. Exceptions to this policy may be requested by written appeal to the CAA.
2. Postponement of a game must be requested twenty-four hours in advance.
3. The referee will designate which person will function as the official scorekeeper.
4. No player may play on more than one CAA Hockey team, any athlete who plays on any level of a high school hockey team shall be ineligible for CAA play.
5. Games shall be forfeited only by decision of the CAA, or by decision of the referee who may declare a forfeit when conditions warrant. Conditions leading to a forfeit might include but are not limited to intentionally violent play, verbal or physical abuse behavior of an official or opponent, or the opinion of an official that personal or athlete safety cannot be assured.
6. A player or coach who is ejected from the game shall leave the game immediately and shall not be allowed to participate again until meeting with the CAA.
7. The CAA will only accept protests pertaining to misinterpretations of the rules. The judgment of an official shall not be grounds for protests or appeals. Protests must be made in writing within 24 hours of the game in question. The CAA Athletics committee will decide all protests.
8. Bylaws for each sport are available from the Minnesota State High School League at Minnesota State High School League website
9. Rulebooks, for purchase, are available from the National Federation of High School Sports