

2024 VOLLEYBALL PROGRAM

CAA Office Telephone Number: 651-321-1013; website: www.stpaulcaa.org

CHECKLIST

Updated September 14

- SITE SCHEDULE -

Visiting teams should arrive ½ hour prior to start time. If one (1) or two (2) matches are scheduled, all three (3) sets shall be played. Whenever 3 or more matches are scheduled, all contests shall be 2 out of 3 sets. If teams split the first 2 sets, a 3rd set shall be played to determine the winning team. Sets 1 & 2 are won when a team reaches 25 points (cap at 27); Set 3 is won when a team reaches 15 points (cap at 17).

- REFEREE REMINDERS -

Uniform: *Black* Pants, Athletic-soled Shoes; and *White* Polo Shirt, Short- or Long-Sleeve

- **Host Site Provides:** adult site supervisor; warm-up balls and match ball; a scorekeeper(s)

- Referee is the **Official Scorekeeper**

- Match ball must be three-colored panels of blue/white/gray colors, *e.g.*, Baden Perfection 15-0;
OR an all-white, paneled, leather ball

- **5th/6th grades' teams use the volley lite volleyball*** (*A regulation volleyball may be used for a set/entire match **only** if both coaches and the referee agree to change.)

- TEAM COMPOSITIONS -

A team consists of six (6) players per side. Girls' teams with boy players may have up to two boys playing on court at any time. Boys are not allowed to play next to each other; girls are not allowed to play on a boys' team. The CAA does not use the libero position. Teams starting a match with less than 6 players (injury, illness, player ineligibility, disqualification, *etc.*) may be penalized with a loss of rally [side-out] and point awarded to opponent when vacant position rotates to server position (right back). Teams compete in "leagues."

- COACH MENTOR -

The CAA's **Board of Directors, Athletic Committee, and Director of Operations** are pleased to again sponsor this year's **Coach Mentor Program!** *For a second year,* the Volleyball Program will offer **professional mentoring to volleyball coaches and their teams in school-based practice sessions & camps!** These in-demand popular sessions & camps are scheduled on a first-come, first-served basis. New/Newer coaches will be given priority. To schedule your mentoring session, sport camp, *etc.*, please contact the **CAA's Coach Mentor Connie Kiedrowski** directly at **612-991-1192** or conniekiedrowski@comcast.net.