

## **Gethsemane COVID Return to Play Plan**

### **Prior to Practice/Game Procedures:**

Parents will monitor their child's health, especially the following symptoms of COVID-19:

- a temperature of 100.4 F or higher or if they sense having a fever
- a new cough that cannot be attributed to another health condition
- new shortness of breath that cannot be attributed to another health condition
- a new sore throat that cannot be attributed to another health condition
- chills
- new muscle aches that cannot be attributed to another health condition or that may have been caused by a specific activity (such as physical exercise)
- new headache
- new loss of smell or taste

### **Safe Practice Procedures:**

- Players will set their belongings 6 feet apart from others on the bleachers.
- Coaches will wear a mask at all times during games and practices. Players can wear a mask if they feel it necessary.
- Players will social distance during practice when possible. The coach will monitor and prevent any unnecessary crowding at practice for their team.
- Players must wear a mask at all times during practices.
- Players and coaches must be social distanced when sitting on the bench or in a team huddle.
- Players will be promptly picked up from practice by parents.
- Players must bring their own water bottle to practice. There are no drinking fountains available, only water bottle fillers.
- All coaches must have a temperature check completed before entering the building.
- Attendance must be taken for all players and coaches and submitted to the Athletic Director for each practice.
- All equipment used must be cleaned after each practice. Each team will have their own equipment bags and should not be sharing with other teams.
- All teams will have separate practices. There will be no combined practices unless approved by the Athletic Director for a scrimmage.

## Gethsemane COVID Return to Play Plan

- Each team will have a limit of 2 coaches. This will help limit the number of contacts within a team.

### Safe Game Procedures:

- All players, coaches, officials, and fans must wear a mask at all times during games.
- Players and coaches must put all their belongings in the designated player area. Each player and coach will get a chair and be spaced out 6ft apart.
- Refs will place belongings by a chair near the bulletin board in the gym.
- Score and book keepers will have a chair and be spaced 6ft feet apart.
- Players will be allowed to have a **maximum of 1 fan** to attend games at Gethsemane.
- Fans will sit spaced out 6ft apart on designated X's on the bleacher side only. No standing or congregating allowed near entrances into the gym.
- Once games are over fans, players, and coaches need to exit the building as soon as possible.
- All players, coaches, refs, and fans must get a temperature check prior to entering the gym.
- Players, coaches, and fans will arrive no more than 20 min prior to the start of their game.