



CATHOLIC ATHLETIC ASSOCIATION

CATHOLIC ATHLETIC ASSOCIATION (CAA) 2025 VOLLEYBALL RULES' CLARIFICATION PAGE SEPTEMBER 29 - WEEK III

COACHES/ASSISTANT COACHES, ATHLETIC DIRECTORS, and REFEREES:

Answers to other Rules' questions & match procedures are posted on the CAA's website Volleyball pages. For additional Rule CLARIFICATION assistance, please contact **Travelle Evan-Vann**, Director of Volleyball Rules & Head Official at ttejv@Yahoo.com; C-651-246-4498.

TOPICS

(Green & underlined text = Updated Information)

1. MATCH PROTOCOLS & PROCEDURES -- RULE I.
2. SERVING/SERVING LINES -- RULE IV.

1. RULE I. MATCH PROCEDURES & PROTOCOLS:

A. Huddling Rule Information

CLARIFICATION a. Pre-match team "huddles" [including player instructions, team prayer] must take place BEFORE the CAA Sportsmanship Pledge (Pledge) is read. Play starts after Pledge is read.

CLARIFICATION b. Team Huddling

Brief team huddling has been/is permitted if the action does not delay the game, which would be a team violation. Team Huddling is permitted after "a 'spectacular' play" has taken place by player/team, e.g, an "ace" served or a long rally won. Regular side-out play is not considered, 'spectacular.' Huddling too often/too long during play could be sanctioned as a team delay of game = loss of serve or rally and side-out/point awarded to opponent.

CLARIFICATION c. Bench celebrations. All may stand, however, no farther than 18 inches from the bench. Bench celebrations or benched players are not permitted on the court [until post-match, possibly].

B. Match Start Procedures

CLARIFICATION d. After the Pledge is read, all players should proceed directly to their court's end line. Coaches/Assistant Coaches proceed to their respective benches.

Players should stand face-forward on line anywhere between the sidelines. The referee will whistle/hand signal teams onto the court; all players step onto court, wave briefly at opponent & greet verbally. The starting players should immediately take their court positions [per Volleyball Line-Up Sheet if required]. Non-starters should go directly to their team bench and [must] be seated [during play]. Match play starts once players/assistant coaches are seated.

NOTE: Players/Coaches will congratulate each other [at the net] at the end of the match. (Please see CLARIFICATIONS Page Week I, SEPTEMBER 15, 2025, RULE I., for additional information.)



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2. **RULE IV.** THE SERVING LINES and SERVING:

A. THE SERVING LINE

CLARIFICATION a.

The serving line, also called the end line, runs continuously from left-right sidelines. It is legal to start serving motion standing outside of either sideline before legally serving the ball. Legal Serve = ball contacted from anywhere behind the serving line and in between the two sidelines before any part of server's foot/feet touches any part of playing court.

B. SERVING LINES

CLARIFICATION b.

Currently, and consistent with the CAA's long-standing serving Rules...

- b. 5th/6th grade underhand servers may serve from behind any line(s), area, or mark denoted **on the court**. The mark/line must be pre-approved by both teams' head coaches & referee **before** match play starts.
- c. 7th grade players may take one step onto the court from the serving line when serving underhand.

All 8th grade teams always use modified Minnesota State High School (HS) League Rules for match play. Underhand/Overhand Serving are permitted.

C. SERVING

CLARIFICATION a.

All overhand servers, regardless of grade level, are **NOT** permitted to contact the serving line before legally serving the ball. **Violation = foot fault. Result = side-out/point opponent.**

CLARIFICATION b. Re-Serve

All Servers, Anytime...

- e. One re-serve attempt is given to a player whenever they have a turn-at-service/occupy the serving position. (E.g., server tosses ball but does not like toss; server never attempts to strike ball; server may: catch ball or let ball drop to floor with or without touching it. **No penalty assessed either way.** Server must wait for referee to whistle/signal their re-serve.