



2025 CAA Baseball Rules

National Federation State High School rules will govern all play except as noted below (the designated hitter rule will be used).

1. **Length of all games**
 - a. All game will be six innings.
 - b. If there is a field conflict at 6:00 p.m., the home coach should inform the visiting coach before the start of the game. In such cases, no inning will start after 6:00 p.m.
2. The home team must furnish the bases for each game. Each team will furnish one new ball for each game. Additional balls should be provided by the home team if necessary.
3. All players must wear batting helmets with ear flaps while batting and running the bases.
4. Student must attend the school for which they are playing. Co-op teams are allowed.
5. Team **roster must be emailed to the CAA no later than May 1st**. Players must only play on one team. For example, a player on a 6th grade team would not be eligible to also play on a 7th or 8th grade team.
6. Any coach, player, or student manager using profane, vulgar, or insulting language will be subject to ejection from the game. Anyone ejected from a CAA game will automatically be suspended from their next CAA game. Coaches are responsible for the conduct of their team and spectators. Umpires have the authority to forfeit a game if his instruction regarding crowd control are/or conduct are not followed.
7. Each coach must submit a lineup card to the umpire and to the opposing coach.
8. Rainouts or any weather cancellations are the responsibility of the home team. The home coach and/or Athletic Director should check on field condition then inform the CAA and the visiting team of the game status. Both schools should agree to a makeup date and time and inform the CAA so that an umpire can be provided.
9. The CAA uses the **ten-run rule** after four and a half or five innings in all age divisions.
10. **Pitching and base length:**
 - a. Eighth grade baseball pitching is 60 feet, and bases are 90 feet
 - b. Seventh grade baseball pitching is 55 feet, and the bases are 82 feet
 - c. Sixth grade baseball pitching is 50 feet, and bases are 75 feet
 - d. Fifth grade baseball pitching is 46 feet, and bases are 60 feet
11. Fifth grade there is no leading off until the ball crosses the plate.
12. All levels will follow MBL (Metro Baseball League)/Gopher State bat rules.
13. **Time Limit:**
 - a. Seventh, sixth, and fifth grade baseball there is a 90-minute time limit. No new inning may start after the 90-minute time limit.
 - b. Eighth grade baseball has a two-hour time limit. No new innings may start after the two-hour time limit.
14. Metal spikes are legal for all baseball, all levels, in the CAA.
15. At all levels, you may bat your entire roster. If you start that way, you finish that way.
16. The decisions of the umpire on judgement calls are final and not subject to unreasonable judgement. The CAA will only accept protests pertaining to misinterpretations of the rules. The judgment of an official shall not be grounds for protests or appeals.