

MPA MS BASEBALL COVID PREPAREDNESS PLAN



PROGRAM

MPA Spring Athletics will follow all CDC and MN Department of Health and Minnesota State High School League guidelines and protocol for the 2021 Spring Athletic Seasons. Click below to access some helpful links for your reference.

[COVID-19 Sports Guidance for Youth and Adults](#)

CONTACT INFORMATION

Wade Peterson Head MS Boys baseball coach wpeterson@moundsparkacademy.org 612-708-9601

Dan Haase Athletic Director dhaase@moundsparkacademy.org 651-748-5630

The first week of practice will focus on implementing effective protocols and routines for pre-participation screenings, effective social distancing, compliance with all health recommendations, establishment of pod limits of 25 or less, and additional actions that mitigate the spread of disease and enhance safety of students and coaches.

- The practice and competition schedules can be found on the athletic website: [MPA Athletics](#).
- All practices will take place at Mounds Park Academy or at the Goodrich Fields.
- Players should park in the North LSC Parking Lot and report directly to the bus for away games.
- Parent(s)/Guardian(s) should remain in their vehicle when dropping off or picking up their students from practice and game

MPA LOCKER ROOMS/RESTROOMS

- All Locker rooms will act as changing rooms.
- Lockers may not be used.
- Students will be required to wear a mask at all times and to be in the locker rooms no longer than 10 minutes.
- Showering will not be available.
- Nothing should be stored in the locker rooms. All bags need to be brought to the North Lobby.

POD SIZES FOR PRACTICE

For youth and adult organized sports, pod sizes for non-game activities (training, practicing) cannot exceed 25 people per pod, either inside or outside. Pod count is composed of players and coaches.

MASKS/EQUIPMENT/ATTIRE

- **Coaches and student-athletes will be required to wear masks at all times.**
- Student-athletes will be given regular mask breaks and can take them whenever needed as long as physical distancing can occur.
- Players should bring their own mask, a clean towel and water bottle to each practice.
- Student-athletes are expected to come dressed to practice and should avoid bringing a bag or any unnecessary items.

SAFETY CONSIDERATIONS & SCREENING

- All players and their parent(s)/guardian(s) MUST SIGN [CAA release and Liability Waiver](#) prior to participation. Each day student-athletes will be required to take a health questionnaire and have their temperature taken if they were learning off campus. Coaches are required to return the daily questionnaire to the athletic office after each practice or game. All players should do a pre-screening if they are at home before coming to practice. This screening should include a temperature check. **If a player's temperature is 100.0 or higher, the player should not attend practice or a competition.**

Players will be asked the following questions at the beginning of each training session upon arrival.

- Have you had a fever in the last 24 hours?
- Have you had a cough in the last 24 hours?
- Have you had a sore throat in the last 24 hours?
- Have you had any shortness of breath in the last 24 hours?
- Have you had close contact with or cared for someone with Covid-19 in the last two weeks?

Any person with positive symptoms reported will not be allowed to participate in practice or meets and will be sent home.

SAFETY GUIDELINES FOR PARTICIPATION

- Players must wear a mask at all times and sanitize their hands regularly. Players are expected to have their own hand sanitizer, mask and equipment.
- Players must try to maintain a physical distance of six feet from teammates and coaches when possible.
- No congregating during water breaks or before and after play.
- Players should have no unnecessary physical contact (no high 5's, handshakes, knuckles, or partaking in any group celebrations).

- During training, players will utilize distancing standards for outdoor sports at all times including when socializing before and after practice. Refrain from attending any activity if displaying any COVID-19 symptoms.
- Do not touch your face, eyes or mouth with unclean hands.
- Cover your mouth and nose with a tissue or your elbow if you cough or sneeze.
- Vulnerable individuals should not participate in athletic activities

SAFETY GUIDELINES AFTER PARTICIPATION

- Wash your hands thoroughly or use a hand sanitizer after play.
- All equipment will be thoroughly wiped down and disinfected by coaches. Players are encouraged to clean and wipe down their own equipment and water bottles as well.
- Players are encouraged to shower and change clothes upon returning to home.

PRACTICING AT Goodrich Fields

- MPA's Health Screening will occur and be documented prior to stepping on to the field.
- All bags and equipment will be physically distanced (6ft) outside the dugout
- Stand-alone hand sanitizer station will be used at practices.
- Disinfectant will be used by coaches for all commonly used equipment.
- Athletes are required to wear masks except when training.
- Athletes must maintain 6 ft physical distancing whenever possible.
- MPA Softball team has less than 25 athletes. Coaches will divide groups in half to control density and will keep students in small pods.
- Teams may gather only if physical distancing can occur and will be masked.

GAMES AT Goodrich Fields

- All athletes will be separated in and out of the dugouts by 6 ft.
- Two fans per student-athlete will be allowed.
- Fans will not be admitted until 15 minutes prior to start time.
- Spectators are required to wear masks and remain 6ft apart at all times.
- All spectators must wear masks at all times and practice social distancing of 6 feet. This will be enforced by MPA Coaches and fans not following the guidelines will be asked to leave.
- Spectators will need to remain 12 feet from the players this area will be marked off with cones or roped off.
- Fans are expected to leave the facilities immediately following the game.
- Visiting teams must provide the MPA coaches with a roster so we know who is in attendance at the game.