

**CATHOLIC ATHLETIC ASSOCIATION (CAA)**  
**2024 VOLLEYBALL RULES' *CLARIFICATION* PAGE**  
**SEPTEMBER 30 - WEEK III**

**COACHES/ASSISTANT COACHES, ATHLETIC DIRECTORS, and REFEREES**

Answers to other Rules questions can be found by reviewing the Volleyball pages on the CAA's website. For additional Rule *CLARIFICATION* assistance, please contact **Travelle, Director of Volleyball Rules & Head Official** at [tjev@Yahoo.com](mailto:tjev@Yahoo.com); C-651-246-4498).

**WEEK III TOPIC**

**1.     **RULE I.     MATCH PROTOCOLS & PROCEDURES-PRE-MATCH TIMING****

Teams should arrive at the site 30 minutes prior to their scheduled match time.

**TEAMS WILL NOT SWITCH SIDES.** Once the home team selects their bench/court, teams will remain on their respective sides for the entire match.

***CLARIFICATION* PRE-MATCH TIMING**

Summary: due to the number of matches scheduled per site per evening, there is limited time in between matches. The Referee sets the warm-up time for teams. **Pre-game warm-up activities, including, passing, serving, the PLEDGE, Teams Greeting at Net, prayer/final instructions at bench, should not exceed six (6) minutes.** More time may be granted for when time permits.

**After the CAA Sportsmanship Pledge is read aloud by one student-athlete from each team, all players [not coaches] should proceed directly to their respective endline. Players should stand anywhere on endline in between the court's sidelines. The referee will then whistle & signal for teams to greet each other by jogging-up right sideline in one line to net, etc. Match play usually would commence here; however, the CAA allows for a brief grace period for prayer/final instructions at their respective benches.**

Post-prayers, players **starting in set** should proceed to their court positions per Line-Up form. **Non-starters** and all assistant coaches must be seated in their respective bench areas. The Head Coach may stand during play; **one assistant coach may also stand during a dead/down ball.**

**At the match's conclusion, all team members, including those on the bench, should line-up on the endline and await whistle/signal from referee to proceed = jog up to net and offer congratulations to opponent as done earlier during the warm-up period. Coaches, assistant coaches, team managers proceed last.**