

**CATHOLIC ATHLETIC ASSOCIATION (CAA)  
2022 VOLLEYBALL RULES**

**CLARIFICATIONS PAGE**

**WEEKLY UPDATE – SEPTEMBER 26**

**SECOND WEEK OF COMPETITION  
*Continued* **GOOD LUCK TO ALL OF OUR TEAMS!****

**VISITING TEAMS: PLEASE ARRIVE AT SITE ONE-HALF HOUR BEFORE  
SCHEDULE MATCH TIME**

**COACHES/ASSISTANT COACHES and ATHLETIC DIRECTORS:**  
**For questions regarding the CAA's Volleyball RULES, please view the volleyball section on CAA's website. The RULES and the RULES' CLARIFICATIONS pages are posted on the website. If your question is not answered after viewing both pages, please contact either Katie (651-766-8062) or Travelle (651-291-0668) for assistance. **Thank you!****

**RULE 5. CLARIFICATION**

**PROTOCOLS FOR BEGINNING & ENDING MATCH**

TEAMS WILL NOT SWITCH SIDES THIS YEAR.

**Once a team selects their bench/court, they will remain on that side for the entire match.**

- b. At end of match, the entire team may line-up at/on the end-line. At the direction of the official, team members jog up the right side-line of court to the **TEN FOOT LINE**, turn left, and follow line across to the left side-line. *“Good game!”*, *“Congratulations!”*, etc., is exchanged between opposing team members. Coach/es should be last person/s in line.

**RULE 6. CLARIFICATION**

**\*Overhand Serving Rule Trial Period**

**- Trial period ends on **Sunday, September 25**; regular serving rules now apply**

**RULE 7. SUBSTITUTIONS CLARIFICATION**

- a. **A-Squad/8<sup>th</sup> Grade Teams** are **NOT** permitted to use continuous rotation for match play. These teams use the substitution method to switch a player/s on-court with a player/s seated on the bench [player A and player B are paired together & interchangeable on-court for the entire set. A maximum of 18 substitutions allowed per each set.

b. **B-Squad** [7<sup>th</sup> Grade] & **C-Squad** [5<sup>th</sup> & 6<sup>th</sup> Grades'] Teams use the **continuous rotation method**. These teams are **NOT REQUIRED** to complete or submit a **VOLLEYBALL TEAM ROSTER AND LINE-UP** form to Referee before play begins.

#### **RULE 8. CLARIFICATION**

Play starts & ends with the Referee's whistle/arm signal. Failure to **serve the ball within five (5) seconds** is a **"fault."** This results in a loss of serve for team and opponent is awarded serve and a side-out/point. **Re-Serve** is called when server tosses the ball and **does not attempt to serve tossed ball. No fault is called if server catches ball, lets ball drop with/without touching it, or accidentally kicks the ball, etc.** *One re-serve* attempt for each turn-of-service is allowed.

#### **RULE 9.a CLARIFICATION**

a. **Multiple Contacts** [more than one contact by a player during one attempt to play the ball] are permitted **only: 1) on a team's first hit regardless of player touching ball on a block; or 2) when the first ball over the net rebounds from one part of player's body to one or more other parts in one attempt to block, e.g., arms-to-shoulder.**

Multiple Contacts **on a second or third hit are not permitted;** this is an **"illegal hit."**