

## **King of Kings COVID Guidelines Basketball 2020-21**

### **SAFETY PLAN**

#### **Prior to Practice/Game Procedures:**

- \* Parents will monitor their child's health, especially the following symptoms of COVID-19:
  - a temperature of 100.4 F or higher or if they sense having a fever
  - a new cough that cannot be attributed to another health condition
  - new shortness of breath that cannot be attributed to another health condition
  - a new sore throat that cannot be attributed to another health condition
  - chills
  - new muscle aches that cannot be attributed to another health condition or that may have been caused by a specific activity (such as physical exercise)
  - new headache
  - new loss of smell or taste

#### **Safe Practice Procedures:**

- \*Players will stay in their cars until practice time. They will wait for their coach to signal them into the gym.
- \*Players will set their belongings 6 feet apart from others on the bleachers.
- \*Players will wear a mask until they are in the gym and ready to go for practice.
- \*Players will come prepared for practice with their own equipment (aside from team basketballs) and water bottles. KOK School will not be providing pinnies this season.
- \*All coaches will wear a mask at all times during practices and games.
- \*Players will social distance during practice when possible. The coach will monitor and prevent any unnecessary crowding.
- \*Players will be promptly picked up from practice by parents/guardians who will remain in their cars during practice (if staying), and at pick up.

#### **Safe Game Procedures:**

- \* There will be no more than one game hosted by King of King's on a given night with a start time of 4:45 (or so).
- \*Players will come prepared with everything they need for the game and do their best to limit their belongings.
- \*Players will arrive no more than 30 minutes prior to the start of the game.
- \*The team bench will consist of chairs that are spread out as close to six feet as possible.
- \*Players will place bags/belongings between the chairs on the sidelines. Only one player's equipment between each chair.
- \*Coaches will wear a mask for the duration of the game.
- \* One guest per player are allowed to attend the game. Guests will maintain 6 feet social distance when possible and avoid crowding.
- \*Masks are required for guests on the sidelines.
- \*Players and parents/guardians will leave promptly from the gymnasium and avoid congregating in the hallway or parking lot.