

**CATHOLIC ATHLETIC ASSOCIATION (CAA)**  
**2023 VOLLEYBALL RULES' *CLARIFICATIONS* PAGE**  
***SIFTH* EDITION: OCTOBER 23**  
***Play-offs' & Championships' Week!***  
***'GOOD LUCK' Teams!***

**COACHES/ASSISTANT COACHES, ATHLETIC DIRECTORS, and REFEREES**  
Answers to other Rules questions can be found by reviewing the Volleyball pages on the CAA's website. For further Rule ***CLARIFICATION*** assistance, contact  
**Travelle** ([ttjev@Yahoo.com](mailto:ttjev@Yahoo.com); C-651-246-4498).

**THIS WEEK'S TOPICS**  
**The RULES for the *PLAY-OFFS & CHAMPIONSHIP SUNDAY***  
***MATCH PROTOCOLS & PROCEDURES: REMINDERS and CLARIFICATIONS***  
***SERVING***

**The RULES**

**PLAY-OFFS & CHAMPIONSHIP SUNDAY**

The **RULES** that will govern both *the* week of tournament **PLAY-OFFS** and the finals on ***CHAMPIONSHIP SUNDAY*** [October 29, Saint Agnes School] are the same/identical **RULES** that have been used for 2023 regular season play. There will be no **RULES** changes for play-off or championship matches.

**RULE I. a.**

**MATCH PROTOCOLS & PROCEDURES:**  
**PRE-MATCH HUDDLING**

Each match is scheduled for only 45 minutes. Last-minute instruction/s, dissemination of match strategy/ies, and/or team prayers, *etc.*, **should take place during the pre-match warm up period before the PLEDGE is read.** The **PLEDGE** is then read after the conclusion of the warm-up period. Post-**PLEDGE** reading, match play should commence without delay: each team's six players starting in the/[*any*] set should go directly to their court positions. Other teammates and coaches should go directly to their bench/es; players and assistant coaches must be seated during play. Head coach is permitted to stand [in the coaching zone] during play.

**RULE II.**

**UNIFORMS:**

a. **Jewelry:** players are allowed to wear small, secured stud or post jewelry above the chin. Fiber **"friendship" bracelets/anklets are not allowed to be worn.** A religious medal/fiber or/and a 'Medic A' bracelet are not considered jewelry. A Medic A bracelet may be visible; religious medal must be taped onto body and worn under uniform. Religious fiber bracelet must be taped over. Rule infractions may result in a team penalty.

Players are prohibited from wearing hoop, charm, bar, cross, *etc.*, earrings and any other jewelry below the chin. Small stud/s *or* post/s jewelry worn discreetly is legal.

Large/prominent semi-to-precious stones are not considered small/discreet and not permitted to be worn. The violation is: illegal [**uniform/equipment**]; offending player may receive a sanction-  
-verbal warning to a Red Card. A new chart with visuals to help explain the new **JEWELRY RULES** is now available to view on the CAA website's Volleyball page.

**ALSO, NOTE:** paint *or* glitter on a player's face/uniform/corps [*e.g.*, school spirit] is **strictly prohibited** [**AND** potentially injury-causing to players]! **FYI: even a small amount of glitter on a highly polished wooden floor dramatically increases the surface's slippery quality and potentiality for student-athlete injuries [slips/falls].** A player whose face is painted or decorated with glitter should never be allowed onto court.

## **RULE II.a**      **MATCH PROTOCOLS & PROCEDURES:**

(formerly **RULE 2.a**) who must be seated during match play.

The CAA Volleyball Program does not use the libero position; however, the court has an area called the *\*libero replacement zone*. This zone is *also known as* the **coaching zone**. The **head coach** is *the only person permitted to stand/occupy this zone at any time*. Coaches are also permitted to stand/occupy the area behind/beyond the endline; *however*, the sideline extends.

**Coach must stay within the court sideline-to-team bench area.** The distinction between the two zones: **coaching zone extends beyond the court's endline; libero replacement zone (lrz) does not extend beyond the endline.**

**\*starts behind** the ten-feet/3m/'back-row' **attack line** located on the court. [Note: team bench zones start behind this same line outside the court.] FYI: there are no visual marks/lines/symbols on/off the court that identifies either the **coaching zone** or the *lrz*.

**All other assistant coaches and team personnel, including all players, must remain seated during play.** In between points, one assistant coach may stand to instruct/coach player/players. Once match play resumes, **assistant coach must return to their seat.**

Team bench members may stand near their bench to greet a player leaving/entering the court and/or in response to an **outstanding play made by their team**. All but the head coach must return straightaway to their seats. Regardless of standing/seated, **cheering, taunting**, and/or **verbalizing approval of an opponent's error or mishap is never a spectacular play. Period.** Coaches are responsible for monitoring the behavior of their players and ensuring that the good sportsmanship mentioned in the **PLEDGE** is practiced.

#### IV.

#### **\*SERVING:**

- b. **5<sup>th</sup>/6<sup>th</sup> grades & under** are allowed to serve from designated lines/areas **only when serving underhand.** Designated lines/areas must be predetermined by Referee & teams' coaches before match play commences.
- c. **7<sup>th</sup> grade** players may take one step into the court from serving line **only when serving underhand.**
- d. 5<sup>th</sup>/6<sup>th</sup>/7<sup>th</sup> grade players may serve up to a maximum of five (5) consecutive legal serves. If player serves the maximum, the player's team retains the serve. The next player in the rotation serves.
- e. **Re-Serve is called when server tosses the ball and does not attempt to serve tossed ball.**  
**No fault is called if the server:** *catches, lets drop, accidentally kicks or mishandles ball with or without touching/catching/kicking, etc., the ball during the attempt.* However, **please read the sub-section below.**
- e.1 **One re-serve is allowed for each player per their turn-of-service.**