

CATHOLIC ATHLETIC ASSOCIATION (CAA)
2026 VOLLEYBALL RULES
***CLARIFICATIONS* PAGE**

SEPTEMBER 28: WEEK III OF COMPETITION
'GOOD LUCK' TEAMS!

COACHES/ASSISTANT COACHES, ATHLETIC DIRECTORS and REFEREES:
Answers to most Rules questions can be found on the Volleyball pages of the CAA website:
caastpaul.org

Please contact **Travelle Evan-Vann** at ttejev@Yahoo.com or **C-651-246-4498** for further assistance. **Text Messages are not accepted on this line.**

Important Information

Multiple Continuous Rotation (CR) Method Options will be discontinued at end of 2026 Season.

CLARIFICATION

Beginning September 2027, all teams using CR method must rotate a player off/on to the court from the middle back position only, or position number 6.

Teams currently using a variation of the standard CR method **may continue to use their variation for the rest of this season only**. Next years, the standard Rule for CR will be players must rotate off/on to the court from the middle back position.

Underhand Serving Line for 5th/6th Grade Student-Athletes is Standardized.

CLARIFICATION

In most gymnasiums, **it is the second hash mark in/up from the end/serving line**. If marked on the court, these hash marks are located behind the basketball free throw lines on the court.

Many of these 5th/6th grade players are being taught/learning to serve overhand. **Upon agreement with the opposing coach/es and the official before the match commences**, players at this age group/level should be given the grace and opportunity to serve overhand from this moderated or moved-up serving line. Even at the moderated or moved-up serving line, most players in this age group/level have not successfully mastered the skill of serving overhand. Their efforts often result in a side-out for the opponent, which gives neither the server, nor the serving team an advantage.

NOTE: If the referee deems that a server in this age group/level has mastered the overhand serving skill successfully from the moderated line [e.g., serving unreturnable serves or “aces”], the referee has the authority to move back the server incrementally [5/6 inches] toward the regulation serving line to continue their turn-at-serve from that demarcation.

If the same player is still successfully serving unreturnable serves or “aces” from the moved back line/area, the referee has the authority to ask the player to again incrementally move back further toward the full court serving line.

Coach Consistency When Assisting The Referee With A Line Call.

CLARIFICATION

Coaches and Assistant Coaches: when a legally played ball lands on a line opposite the referee stand and nearer to your bench, the ball is considered “in” bounds. When a legally played ball lands anywhere on a side-line and/or the end-line, the ball is always considered “in” even if the ball barely touches the outer edge of a line/s.

Please help our referees make the correct call possible. Thank you.