

CATHOLIC ATHLETIC ASSOCIATION (CAA)
2023 VOLLEYBALL RULES' *CLARIFICATIONS* PAGE
FIFTH EDITION: OCTOBER 16
Final Week of Regular Season Play! 'GOOD LUCK' Teams!

COACHES/ASSISTANT COACHES, ATHLETIC DIRECTORS, and REFEREES
Answers to other Rules questions can be found by reviewing the Volleyball pages on the website. For further Rule ***CLARIFICATION*** help, contact
Travelle (ttjev@Yahoo.com; C-651-246-4498).

THIS WEEK'S TOPICS
BASIC RULES and MATCH PROTOCOLS & PROCEDURES REVIEW

RULE I. MATCH PROTOCOLS & PROCEDURES:

a. TEAMS WILL NOT SWITCH SIDES. Once the home team selects their bench/court, both teams shall remain on that side for the entire match.

RULE I. a. MATCH PROTOCOLS & PROCEDURES:
PRE-MATCH HUDDLING

Pre-match team instruction/s, strategy/ies & discussions, team prayers, *etc.*, **must take place before the PLEDGE is read.** Match play should start after the **PLEDGE** has been read. **The six starting players from both teams should go directly to their court positions.** All coaches and other team members should go directly to their respective bench/es. **Players and assistant coaches must be seated during play;** the head coach is allowed to stand [in the coaching zone] during play.

RULE II. UNIFORMS:

a. Jewelry: players are allowed to wear small, secured stud or post jewelry above the chin. **"Friendship" fiber bracelets/anklets are still not allowed to be worn.** A religious medal/fiber or/and a Medic A bracelet are not considered jewelry. Medic A bracelet may be visible; religious medal must be taped onto body and worn under uniform. Religious fiber bracelet must be taped over. Rule infractions may result in a team penalty.

Players are prohibited from wearing hoops, charm, bar, cross, *etc.*, earrings and any jewelry below the chin. Small stud/s or post/s jewelry worn discreetly is legal. Large/prominent semi-to-precious stones are not considered small/discreet and not allowed to be worn. The ruling is: illegal [**uniform/equipment**] violation; offending player may receive a sanction--verbal warning to a Red Card--depending on situation.

RULE II.a **MATCH PROTOCOLS & PROCEDURES:**
(formerly **RULE 2.a**) who must be seated during match play.

The CAA Volleyball Program does not use the libero position; however, the court has an area called the **libero replacement zone*. This zone is *also known as* the **coaching zone**. The **head coach is the only person allowed to stand/occupy this zone at any time**. Coaches are also allowed to stand/occupy the area behind/beyond the endline; *however*, the sideline extends. **Coach must stay within the court sideline-to-team bench area**. The distinction between the two zones: **coaching zone extends beyond the court's endline; libero replacement zone (lrz) does not extend beyond the endline**.

***Starts behind** the ten-foot/3m/'back-row' **attack line** found on the court. [Note: team bench zones start behind this same line outside the court.] FYI: there are no visual marks/lines/symbols on/off the court that show either the **coaching zone** or the *lrz*.

All other assistant coaches and team personnel, including all players, must remain seated during play. In between points, one assistant coach may stand to instruct/coach player/players. Once match play resumes, **assistant coach must return to their seat**.

Team bench members may stand near their bench to greet a player leaving/entering the court and/or in response to an **outstanding play made by their team**. All but the head coach must return straightaway to their seats. Regardless of standing/seated, **cheering, taunting, and/or verbalizing approval of an opponent's error or mishap is never a spectacular play. Period**. Coaches are to watch the behavior of their players and ensure that the good sportsmanship mentioned in the **PLEDGE** is practiced.

IV. ***SERVING:**

- b. **5th/6th grades & under** are allowed to serve from designated lines/areas **only when serving underhand**. Designated lines/areas must be predetermined by Referee & teams' coaches before match play begins.
- c. **7th grade** players may take one step into the court from serving line **only when serving underhand**.
- d. **5th/6th/7th grade** players may serve up to a maximum of five (5) consecutive legal serves. If player serves the maximum, the next player in the team's rotation becomes the new server.
- e. **Re-serve is called when server tosses the ball and does not try to serve the tossed ball**. It is **not a fault or illegal** for a server position to *catch, let drop, accidentally kick or mishandle* ball during the attempt. However, **please read the next subsection**.
- e.1 **One re-serve is allowed for each player per their turn-of-service**.