

CATHOLIC ATHLETIC ASSOCIATION (CAA)
2022 VOLLEYBALL RULES

CLARIFICATIONS PAGE

WEEKLY UPDATE – OCTOBER 17

FIFTH and FINAL WEEK OF REGULAR COMPETITION
Continued **GOOD LUCK TO ALL OF OUR TEAMS!**

VISITING TEAMS: PLEASE ARRIVE AT SITE ONE-HALF HOUR BEFORE
SCHEDULE MATCH TIME

REMINDER:

**JEWELRY IS NOT PERMITTED TO BE WORN BY ANY PLAYER DURING
WARM-UP PERIOD or MATCH PLAY.**

RELIGIOUS MEDALS and MEDICAL ALERT BRACELETS are permitted to be worn.
Religious medals must be taped to the body and worn underneath uniform.

RULE 5. PROTOCOLS FOR ENDING MATCH

CLARIFICATION:

- b. **At end of match**, team members line-up on the end-line and wait. The referee will whistle and direct both team members to jog up the right side-line of their court **SINGLE FILE** to the **TEN FOOT LINE--NOT TO THE NET**. At the **TEN FOOT LINE**, team members *turn left and continue jogging across the TEN FOOT LINE to the left side-line of court*. Waving to opponent as “*Good game!*”, “*Congratulations!*”, etc., is exchanged between two teams’ members. Coach/es shall be last in line.

RULE 7 b SUBSTITUTION - *ADDENDUM

B-SQUADS and C-SQUADS CHOOSING TO USE THE SUBSTITUTION METHOD

- b. **B-Squad** [7th Grade] & **C-Squad** [5th & 6th Grades’] Teams use the **continuous rotation** for play. This is where an **on-court player*** rotates off to bench, while simultaneously a seated team member rotates onto court replacing the exiting player. One team member enters the front left side of playing court as the front right player rotates off court [to bench]; *simultaneously*, another team member enters the right back side [server position] as the left back player rotates-off [to bench].

*Two seated team members are allowed to rotate onto the playing court from both sides of playing court during a/one rotation. The equal number of players simultaneously rotate off/onto court.

CLARIFICATION:

Two seated players may rotate onto/off court simultaneously from both front and back rows at opposite sides of the playing court. One player enters playing court from the front left position as another player exits from the front right position [to bench or standing]. Concurrently, another player from same team may enter the playing court from the back right [server] position as another player exits the playing court from the back left position [to the bench]. NOTE: players entering court from the opposite side of where team bench is located may be seated/standing. While not mandatory, an assistant coach is usually stationed at the opposite courtside with those student-athletes.

CONTINUOUS ROTATION vs. SUBSTITUTION

CLARIFICATION: Continuous Rotation and Substitution are neither the same, nor are they interchangeable.

Continuous Rotation is when a team earns a side-out and on-court player/s rotates off the court to their bench, while simultaneously, the equal number of seated player/s from the bench rotate onto the playing court. Seated players enter playing court in the order seated on their bench. **Team members must remain in that seated order for that set and substitutions are not permitted.** Continuous Rotation is used by B-/C-Squad Teams unless the coaches choose to use the Substitution method used by A-Squad Teams.

Substitution method is used by the A-Squad/8th Grade Teams. This method is also used by the high school teams in Minnesota. Any of the six starting players may be substituted [replaced] by a seated team member. Once the two players are substituted for each other, they are paired together for that entire set. New pairings may be made for a new set. The maximum number of substitutions permitted per set is 18.

For all teams using the Substitution method, the coach **must complete & submit a PLAYER LINE-UP** [located on VOLLEYBALL TEAM ROSTER AND LINE-UP form] to Referee before play begins. A completed LINE-UP is how substitutions are tracked by the Referee during a set.

Teams are NOT PERMITTED to mix Continuous Rotation and Substitution methods.

COACHES/ASSISTANT COACHES, ATHLETIC DIRECTORS and PARENTS/GUARDIANS:

Please view the Volleyball section on CAA's website for questions regarding the CAA's Volleyball RULES. The RULES' CLARIFICATIONS Pages and other related forms are also posted and viewable. If your question is not answered after viewing the pages, please contact either Katie at kattomy@comcast.net or Travelle at ttjev@Yahoo.com Thank you!