

CATHOLIC ATHLETIC ASSOCIATION (CAA)
2023 VOLLEYBALL RULES' *CLARIFICATIONS* PAGE

SEPTEMBER 18: FIRST WEEK OF COMPETITION (9/15 UPDATE)
'GOOD LUCK' TEAMS!

COACHES/ASSISTANT COACHES, ATHLETIC DIRECTORS and **REFEREES:**
Answers to most Rules questions can be found on the website's volleyball pages.
CLARIFICATION assistance: **Travelle** (ttjev@Yahoo.com; **C-651-246-4498**)

PRE-MATCH PLAY RULES:

Rule 1. MATCH PROTOCOLS & PROCEDURES
CLARIFICATIONS

a. TEAMS WILL NOT SWITCH SIDES. Once the home team selects their bench/court, both teams shall remain on that side for the entire match.

a.1 FOREGO PRE-CONTEST GREETING. Due to the number of matches scheduled to be played this season, as a time-saver, teams will greet each other at the end of the match. (See: **Rule VII.**) Match play should commence immediately after the **PLEDGE** has been read.

a.2 At pre-match meeting, coaches from each team should select one player to read aloud the **PLEDGE** to fans after the warmup period concludes.

b. CAA SPORTSMANSHIP PLEDGE (PLEDGE).

Originally created to be read aloud from 'center court', 'center court' does not exist in volleyball.

b.1 Procedure: [both teams/their side of net] **standing on a same court line that**

extends from the Center Line nearest to the sideline. [Referee's choice]

Teams

stand side-by-side facing forward; coaches, etc., stand behind team.

Referee

stands in between teams with **PLEDGE** readers on both sides.

(Highly Recommend: All sites hosting matches have available at the scorer's table two laminated copies of the **PLEDGE** for each team to use.)

Referee announces PLEDGE reading. Home reads first paragraph; guest reads second

paragraph. [Referee collects laminates; holds for next match/es.]

b.2 After the **PLEDGE** is read aloud, players for first set, as well as for all subsequent sets, must proceed directly to their court positions for a line-up check. Other team members and coaches must proceed directly to their respective benches.

MATCH PLAY RULES:

RULE 4. *Overhand Serving Rule Trial (OSRT) **CLARIFICATION**

***Trial Period: Monday, September 18 thru Sunday, September 24**
Regular serving rules resume on Monday, September 25

RULE 6. SUBSTITUTION **CLARIFICATIONS**

1. **8th Grade Teams** are **NOT** permitted to use continuous rotation for match play. These teams use the substitution method to switch a player/s on-court with a player/s seated on the bench [player A-on-court and player B-on team bench]. Players A/B are paired together/inter-changeable for duration of set. A maximum of 18 substitutions allowed per each set.

2. **5th & 6th and 7th Grades' Teams** use the **continuous rotation method for play**. These teams are **NOT REQUIRED** to complete or submit a **VOLLEYBALL TEAM ROSTER AND LINE-UP** form to Referee before play begins. If any of these teams wish to use the high school substitution method for play, the team coach must complete and submit to the Referee a Line-up form for that set and follow the protocol noted in Section 1.

POST-MATCH PLAY RULES:

RULE 7. END-OF-MATCH SPORTSMANSHIP **CLARIFICATION**

Entire team bench lines-up on their respective end-lines. At the Referee's whistle/direction, team members jog up the right side-line of their court to the **TEN FOOT LINE**, **not the net**, turn left, and follow line across to the left side-line. As opponents pass by each other, **"Good game!"**, **"Congratulations!"**, **etc.**, is commonly exchanged; coach/es last in line.