

**CATHOLIC ATHLETIC ASSOCIATION (CAA)**  
**2023 VOLLEYBALL RULES' *CLARIFICATIONS* PAGE**  
**SECOND EDITION: SEPTEMBER 25**

**COACHES/ASSISTANT COACHES, ATHLETIC DIRECTORS, and REFEREES**

Answers to other Rules questions can be found by viewing the Volleyball pages on the website.

For further Rule *CLARIFICATION* assistance, contact

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**THIS WEEK'S TOPICS**

1. **RULE II.a** (formerly **RULE 2.a**)  
**MATCH PROTOCOLS & PROCEDURES**: who must be seated during play.
2. **RULE VI. VOLLEYBALL TEAM ROSTER AND PLAYER LINE-UP**
3. **RULE VI.a 5<sup>th</sup>/6<sup>th</sup>/7<sup>th</sup> Grade Teams** use **continuous rotation**.

***CLARIFICATIONS***

1. **RULE II.a** (formerly **RULE 2.a**) **MATCH PROTOCOLS & PROCEDURES**:  
who must be seated during match play.

**CLARIFICATION**

The CAA Volleyball Program does not use the libero position; however, the court has a **coaching zone** for head coaches to stand/occupy during match play. **The head coach is the only person permitted to stand in/occupy this designated area off the court.** This area is called the **coaching zone**, which includes the area called the *\*libero replacement zone*. The distinction between the two: **coaching zone extends beyond the court's endline**; the *libero replacement zone* **does not extend beyond the endline**.

*\*libero replacement zone*: **behind the ten-foot/three meter/back-row attack line and from the team's bench to court's sideline.**

**All other assistant coaches and team personnel, including all players, must remain seated during play.** In between points, one assistant coach may stand to instruct/coach player/players. Once match play resumes, the **assistant coach must return to their seat.**

Team bench members may stand near their bench to greet a player leaving/entering the court and/or in response to an **outstanding play made by their team**. All but the head coach must return straightaway to their seats. Regardless of standing/seated, **cheering, taunting, and/or verbalizing approval of an opponent's error or mishap is never a spectacular play. Period.** Coaches are responsible for monitoring the behavior of their players and ensuring that the good sportsmanship mentioned in the **PLEDGE** is practiced.

## **2. RULE VI. VOLLEYBALL TEAM ROSTER AND PLAYER LINE-UP**

### **CLARIFICATION**

**All coaches of 8<sup>th</sup> grade teams must use the high school substitution Rules.** For each match, coaches must complete a **VOLLEYBALL TEAM ROSTER AND PLAYER LINE-UP** form and submit it to the Referee before match play. A completed Line-up is how the Referee tracks team alignment & substitutions during a set. (This form should list the **student-athlete's first name only along with their jersey number.**)

## **3. RULE VI.a 5<sup>th</sup>/6<sup>th</sup>/7<sup>th</sup> Grade Teams use continuous rotation.**

### **CLARIFICATION**

**All 5<sup>th</sup>/6<sup>th</sup>/7<sup>th</sup> Grade Teams' Coaches:** You **do not need to complete or submit a VOLLEYBALL TEAM ROSTER AND PLAYER LINE-UP** form. 5<sup>th</sup>/6<sup>th</sup>/7<sup>th</sup> grades' teams use the continuous rotation method for match play. Players rotate onto court from their bench seat and off court back to bench according to their seat placement. There is no paperwork for **5<sup>th</sup>/6<sup>th</sup>/7<sup>th</sup> Grade Teams' Coaches** to complete or submit to Referee. 8<sup>th</sup> grade teams' coaches, and other team coaches opting to use high school Rules for a set, must complete and submit a **VOLLEYBALL TEAM ROSTER AND PLAYER LINE-UP** form to Referee before set play commences.