



**Prior to Practice/Game Procedures:** Parents will monitor their child's health, especially the following symptoms of COVID-19:

- a temperature of 100.4 F or higher or if they sense having a fever
- a new cough that cannot be attributed to another health condition
- new shortness of breath that cannot be attributed to another health condition
- a new sore throat that cannot be attributed to another health condition
- chills
- new muscle aches that cannot be attributed to another health condition or that may have been caused by a specific activity (such as physical exercise)
- new headache
- new loss of smell or taste

**Safe Practice Procedures:**

- As per our current policy all coaches and players in the building are **required** to wear a mask during practice and games. This is subject to change based on county metrics.
- Players will set their belongings 6 feet apart from others.
- Players will social distance during practice when possible. The coach will monitor and prevent any unnecessary crowding at practice for their team.
- Players and coaches must be social distanced when sitting on the bench or in a team huddle.
- Players will be promptly picked up from practice by parents.
- Players must bring their own water bottle to practice.
- All equipment used must be cleaned after each practice.

**Safe Game Procedures:**

- All Players, Coaches, Refs, and Spectators are **required** to wear a mask when inside Gethsemane Lutheran School. (This is subject to change based on county metrics)
- Players and coaches must put all their belongings in the designated player area.
- Fans will sit spaced out 6ft apart in the bleachers.
- Once games are over fans, players, and coaches need to leave the building.