

Gethsemane COVID Return to Play Plan



Prior to Practice/Game Procedures: Parents will monitor their child's health, especially the following symptoms of COVID-19:

- a temperature of 100.4 F or higher or if they sense having a fever
- a new cough that cannot be attributed to another health condition
- new shortness of breath that cannot be attributed to another health condition
- a new sore throat that cannot be attributed to another health condition
- chills
- new muscle aches that cannot be attributed to another health condition or that may have been caused by a specific activity (such as physical exercise)
- new headache
- new loss of smell or taste

Safe Practice Procedures:

- Players will set their belongings 6 feet apart from others.
- Players will social distance during practice when possible. The coach will monitor and prevent any unnecessary crowding at practice for their team.
- Players and coaches must be social distanced when sitting on the bench or in a team huddle.
- Players will be promptly picked up from practice by parents.
- Players must bring their own water bottle to practice.
- All coaches and players must have a temperature check completed before practice.
- Attendance must be taken for all players and coaches and submitted to the Athletic Director for each practice.
- All equipment used must be cleaned after each practice. Each team will have their own equipment bags and should not be sharing with other teams.
- Each team will have a limit of 3 coaches. This will help limit the number of contacts within a team.

Safe Game Procedures:

- Players and coaches must put all their belongings in the designated player area.
- Fans will sit spaced out 6ft apart along the field
- Once games are over fans, players, and coaches need to leave the field
- All players, coaches, refs, and fans should get temperature checked prior to the game.